



# PAVAZHA PARPAM

Ref: Siddha Vaithiya Thirattu



## Ingredients:

- *Corallium rubrum*
- *Heliotropium indicum*

## Action:

Pavazha Parpam acts on respiratory infection and normalize the lungs. It also acts on microbial of skin infections and preventing the complications.

## Indications:

Pavazha Parpam can be prescribed for the following conditions

- Respiratory infection
- Skin infection

## Dosages and direction for use:

Dose	Supporting drug	Supporting drug Strength	Carrier	Carrier Strength	Morning	Evening	Before food	After food	No.of days
120 ~ 200 mg	-	-	Ghee	10 ml	Y	Y	Y	-	30

**Direction :** - Take the prescribed quantity of Pavazha Parpam, mix with 10 ml of Ghee and consume 30 minutes before food.

## Diet Instructions:

Eat Vegetarian Food, Must not eat Mustard, Mustard oil, Sesame seed, Sesame oil, Tamarind, Bitter gourd, Bottle gourd, August tree leaves, Pumpkins.

## Side Effects:

Pavazha Parpam is not known for any known side effects if taken as per the prescribed dose along with diet instruction.

**Note:** The above information are for reference only. The actual usage of the medicine will be advised by physician based on the disease condition.